## SCHOOL AND THE HOLIDAYS

During the School Year, there are many holidays. Holidays are special days that have parties and other special events. An example of one of the holidays we celebrate at school is Halloween.



When a surprise comes up during the day, <u>I will try to</u> <u>relax and think about it</u>. I will try to think, "this might be fun, I'll give it a try". If I just can't get used to the change, <u>I</u> <u>will let my teachers know in a calm way</u>, and ask nicely to do something different.



When I am flexible and stay calm, I feel much better. I might be surprised at how much fun new things can be. Also, my parents and my teachers are impressed with me!



This way Halloween will be SUPER and FUN at school this year!!!

