



**North Allegheny School District  
High School Breakfast Menu  
October 4- December 23, 2021**



**Breakfast & A La Carte Prices**

Breakfast -FREE	A La Carte :
Entrée Only -\$1.75	Grain -\$1.05
	Fruit -\$1.05
	Milk -\$0.75

**Monday      Tuesday      Wednesday      Thursday      Friday**

**Daily Breakfast Options May Include**

- Bacon, Egg & Cheese Pizza
- Or
- Egg & Cheese Wrap
- Or
- Sausage, Egg & Cheese Wrap

**General Mills® Cereal**

- GF Cheerios, Cinnamon Toast Crunch, Cocoa Puffs
- Golden Grahams, Lucky Charms, GF Rice Chex, Trix

**Cereal Bars**

- General Mills®: Cinnamon Toast Crunch, Cocoa Puffs, Fruity Cheerios, Golden Grahams, Trix
- Kellogg's Nutri-Grain®: Apple, Blueberry, Strawberry
- Quaker Granola Chewy®: Chocolate Chunk, Cookies & Cream

**Donuts**

- Goody Man® Chocolate Donuts and Powdered Donuts

**PopTarts®**

- Chocolate Fudge, Cinnamon, Strawberry


**ALL BREAKFAST MEALS Include Choice of:  
GRAIN + FRUIT + MILK**

**Fruit Choices May Include:**  
Apples, Apple Slices, Bananas, Oranges,  
Apple Sauce Cup

**Milk Choices May Include:**  
1% White, Fat Free: White or Chocolate  
*All Milk selections are rBST Hormone Free*  
Lactaid White Milk Available Upon Request

GF Gluten Free    V Vegetarian  
*Gluten Free Cheerios or Rice Chex Available Upon Request*  
Dietary Concerns? 724-934-7279

**\*\*All Grain Options are Whole Grain\*\***  
*USDA is an equal opportunity provider and employer.*  
*Menu is subject to change.*



PaySchools Central gives parents/guardians control over their children's meal choices and lunch spending limits. View meal activity, account balance, add funds to lunch accounts, move funds from one account to another, and set up auto-replenish. Parents can even schedule future payments and manage recurring payments. Visit [PaySchoolsCentral.com](http://PaySchoolsCentral.com) or download the app today!

Deposits may be made to your child's account by check utilizing payment envelopes available at the registers. Please make checks payable to: "NA Cafeteria Fund".

Student allergens provided to the school nurse are linked to student lunch accounts. Note: Parents should contact food service directly with specific dietary requests. Call 724-934-7201 or email [DiningServices@northallegheny.org](mailto:DiningServices@northallegheny.org)

**Metz Culinary Management**

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