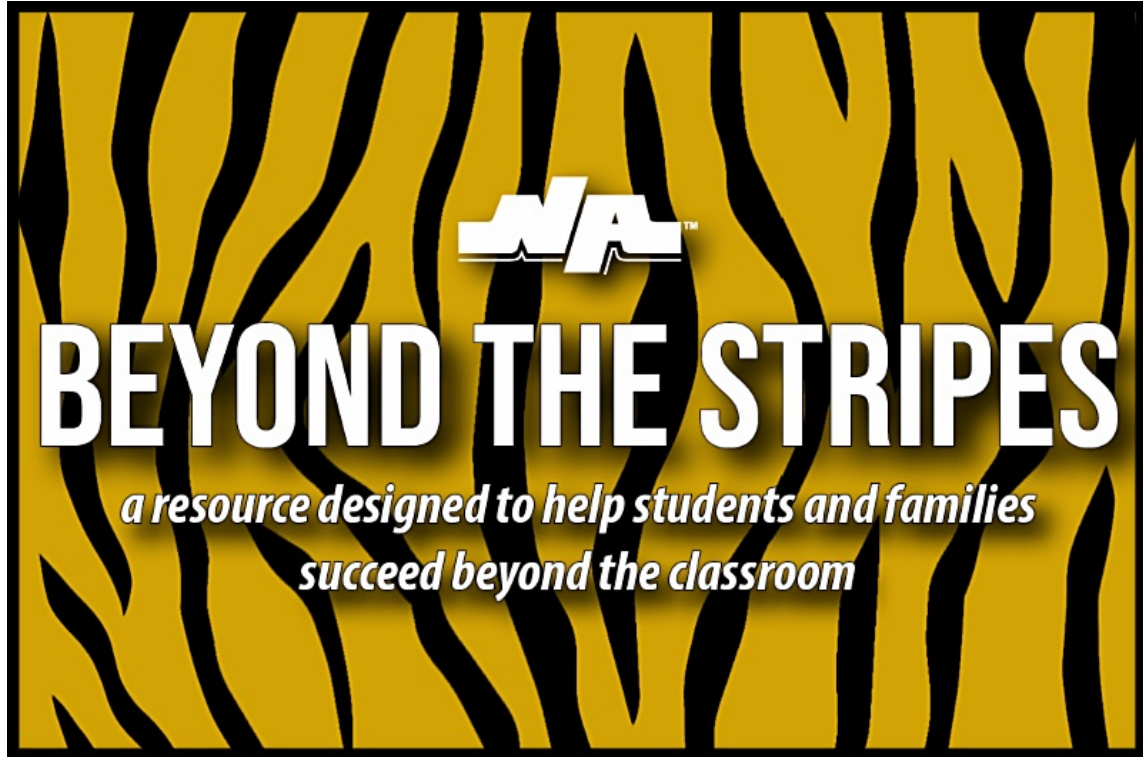


North Allegheny's *Beyond the Stripes* Newsletter

A resource designed to help students and families succeed beyond the classroom

May 2019



What You'll Find In This Email:

Welcome to *Beyond the Stripes*, an e-newsletter produced by the North Allegheny School District. *Beyond the Stripes* features useful information to help NA Tiger families succeed beyond the classroom.

- Managing Technology at Home
- End of the Year Bus Etiquette
- Tips for an Active & Healthy Summer
- Redistricting at North Allegheny
- Follow NA on Social Media
- Sign up for the NA Foundation Golf Classic on June 17

Managing Technology at Home

North Allegheny School District is committed to providing resources for North Allegheny families to help ensure students have the ability to succeed in and beyond the classroom. As technology continues to have a large presence in our everyday lives, managing technology at home can often be difficult without the proper tools.

The District's Technology Services department has a section on the NA website, titled **Managing Technology at Home**, that has several resources to help parents/guardians set rules and guidelines for technology usage at home.

A few of the resources on this page include:

- **Screen Time**
- **Securly:// for Parents**
- **Tips for Parents**
- **YouTube for Parents**

- **Creating a Family Media Plan**
- **Family Engagement Resources**

North Allegheny hopes that all parents/guardians check out these beneficial and free resources to help manage your students' technology usage at home during the upcoming summer months.



End of the Year School Bus Etiquette for Students and Parents/Guardians

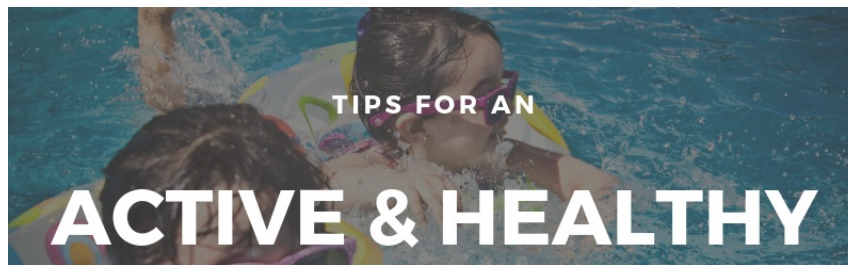
As we approach the end of the school year, the District would like to remind all parents and guardians of school bus and bus stop behavior and safety guidelines.

- While on the bus, students must remain in their seats. Throwing items on the bus is prohibited, and students are not permitted to throw or drop anything out of a bus window.
- Students are prohibited from having water guns, water balloons, silly string, and similar items on the bus.
- Parents/guardians should refrain from bringing or using water guns, garden hoses, or water balloons at the bus stop.
- Parents/guardians should also refrain from shooting water, silly string, slime or other substances toward or on the bus as their student exits.



In recent years, North Allegheny has had buses covered in silly string, slime, and other substances, which requires significant cleaning and can damage the bus. Bus drivers have also been hit with water from hoses and water guns, which creates a safety hazard. While the students' school year may have ended once they step off the bus, the bus drivers still need to complete their bus runs and conduct a post-trip and end of the year inspection later that evening. Completing their work after being hit with a water hose or silly string can make for an unsafe and unpleasant situation.

We understand that the end of the school year and beginning of summer is an exciting time for our students and the community, but please remember to remain safe and courteous on the bus and at the bus stop. Our bus drivers work hard all year to ensure our students get to and from school safely, so don't forget to thank them for their hard work!



SUMMER

TIGER STRONG LIVE LONG



PHYSICAL ACTIVITY

Make moving a routine

It's still important to get at least 60 minutes of physical activity daily. Take walks together after dinner. Perform yardwork and chores to keep each other moving. Show your kids how they can incorporate physical activity into their everyday tasks.

OUTDOOR PLAY

Get outside

Encourage outdoor play. Bike riding, neighborhood soccer games, or nature walks are great ways to take advantage of the warmer weather. Just remember to always wear sunscreen when going outside, whether or not the sun is shining.

LIMIT SCREEN TIME

No more than 1-2 hours per day

Don't allow electronics during meals and don't use screen time as a reward or punishment. Motivate your kids by choosing the right activities for their age, give them opportunities to be active, and focus on the fun.

READ EVERYDAY

Explore your local library

Encourage your kids to read 4-6 books over the summer. Read something with them everyday whether it be a book, the newspaper, or even a recipe. Opportunities to read are endless!

HEALTHY SNACKS

Eat fresh and seasonally

Keep healthy snacks around the house. Freeze grapes, make frozen yogurt with a popsicle stick and a yogurt cup. Eat seasonally! Local farmers markets are a great way to get in some steps, check out fresh produce, and support small businesses in your area!

SOURCES: WWW.SCHOLASTIC.COM, WWW.SUMMERLEARNING.ORG, WWW.HHS.GOV, WWW.KIDSHEALTH.ORG

Redistricting at North Allegheny

The North Allegheny School District is in the early phases of planning for redistricting for the 2020-2021 school year. School redistricting is the process of redrawing elementary

and middle school boundaries to produce an equitable distribution of students among different schools.

A survey was emailed to all NA families on May 28, 2019. Parents/guardians of all current students in grades K-12 are highly encouraged to complete this survey. Further details will be posted to the [Redistricting page on the North Allegheny website](#) as plans continue to evolve over the next several months.

Timeline for 2020-2021 Redistricting

Spring 2019

- Collect feedback to help develop the goals and parameters of redistricting through a survey sent to all NA families on May 28, 2019

Fall 2019

- Share a scenario that addresses the goals identified in the survey that was sent to all parents/guardians on May 28, 2019
- NA School Board votes on the redistricting final scenario

Winter 2019/Spring 2020

- Develop and implement transition activities for students

Follow North Allegheny on Social Media

Stay connected with North Allegheny on social media! Follow the District on Facebook, Twitter, and Instagram for news and updates during summer break. Click the icons below to check out the District's official social media accounts.



Sign up for the NA Foundation Golf Classic on June 17



2019
NORTH ALLEGHENY FOUNDATION
Golf Classic

JUNE 17
MONDAY 2019

SHANNOPIN COUNTRY CLUB
1 Windmere Rd
Pittsburgh, PA 15202

10AM REGISTRATION
11AM LUNCH
12PM SHOTGUN TEE-OFF
6PM 19TH HOLE DINNER

\$175
One Player

\$50
Dinner Celebration Only

\$700
Foursome

Online Registration
northallegheny.org/foundation

PLEASE REPLY BY
JUNE 7

Resources

- [2019-2020 Calendar at a Glance](#)
- [Beyond the Stripes Archive](#)
- [Measuring Success at North Allegheny](#)
- [Tackling Student Stress](#)
- [Tiger News](#)