

Flexible Instructional Day (FID)

## **Emotional Support**

Below you will find a menu of options that your child may choose from to complete his/her assignments for our FID. Please check which items your child completed, return the menu to me within five instructional days so your child can receive credit for attendance for the day. (Credit will mean your child's attendance will be marked as present for this day since they completed the assigned work).

If you have any questions, I will be available throughout the school day via email at:

[scicccone@northallegheny.org](mailto:scicccone@northallegheny.org)

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### **English Language Arts (pick two)**

- One Study Island Topic (If you have access to Study Island – 3<sup>rd</sup>, 4<sup>th</sup>, or 5<sup>th</sup> Grade)
- Read to an adult (20 min)
- Write a poem about today, the season, or any topic of your choice
- Writing prompt: Tell me how you spent the day or what you did last evening. At least 4 to 5 sentences.

### **Math (pick two)**

- Reflex Math (minimum of one Green Light)
- Practice Multiplication and Division facts (20 minutes)
- Prodigy (minimum of 20 minutes)

### **Self Regulation**

- Zones Check-In with adult(identify what zone you are in and a feeling to match the zone)

**PLEASE SEE YOUR CHILD'S HOMEROOM TEACHER'S WEBSITE FOR OTHER REQUIREMENTS INCLUDING SOCIAL STUDIES OR SCIENCE.**